

## Medical Practice's PPG August 2025 Newsletter

Contact us via **reception** or the **suggestion box** in the practice foyer

Email: [nencicb-cd.pinfoldppg@nhs.net](mailto:nencicb-cd.pinfoldppg@nhs.net)

Hi everyone,

A huge thank you to the patients who came along to the cancer and bereavement walk-in on Thursday, 17<sup>th</sup> July. It was lovely to see you. The opportunity to be able to listen to your individual journeys was valuable because we got to hear, first-hand, how these issues impact you. We realise that your health journey can affect others too. For those who were unable to make the walk-in and would like to hear how Pinfold Medical Practice can support you, please ring the practice on: 01388 718230. Additionally, here is a link to Pinfold's website with local services you may find helpful - <https://www.pinfoldmedical.co.uk/local-support-services>  
For those unable to access services online here are some helpful contact numbers:

### Bereavement

Cruse Bereavement Care: 0808 808 1677

The Good Grief Trust: 0300 111 5065 9am-9pm

St. Teresa's Hospice: 01325 254321

Butterwick Hospice: 01642 607742

### Cancer

Macmillan Cancer Support: 0808 808 00 00

Cancer Research – coping with cancer: 0300 330 0803

The next mental health walk-in initiative is for any patient who is, **elderly**, or **is being cared for by a carer(s), or any patient who is a carer**. We would love to hear from you over a nice cuppa. So please pop along to **Butterknowle village hall** on **Thursday, 21<sup>st</sup> August** between **9am – 12 noon**. We would like to know whether you feel supported or not. Some PPG members, our practice manager, our care coordinator and a mental health professional will be there to greet you.

Here is another quick reminder that the **Teesdale Days Club** are very busy, here are a few things they have to offer:

- 3-course meal at **Butterknowle village hall** on Monday, **4<sup>th</sup> August** at **11.30a.m.**  
There is a fee of £8.00.
- **A Cream Tea** on Saturday, **6<sup>th</sup> September** in **Copley Village Hall** (DL13 5NA) between 3pm – 5pm  
There is a fee of £4.00

These offer great opportunities to meet up with others and perhaps make new friends. Please let Teesdale Day Clubs know beforehand on **01833 695822** so they can prepare and cater for you or email [contact@teesdaledayclubs.org.uk](mailto:contact@teesdaledayclubs.org.uk) – you must book up first!

Recently, the Integrated Care Board (ICB) for the North East & North Cumbria released details regarding the publication of [most comprehensive survey of cancer patients' experiences in England](#).

From the 4,711 NENC patients (out of 64,000 nationally) who took part our local services were rated as follows:

- overall care was rated as 9/10.
- 92% said whole team worked well together
- 89% said the administration of care was good or very good

There is currently a survey for patients who received gluten-free food on prescription which will close on 25<sup>th</sup> August 2025. If this applies to you please see [Share your views on health and care projects | North East and North Cumbria NHS](#)

The Department for Health & Social Care opened a consultation on proposed changes to the NHS dental contract [NHS dental contract quality and payment reforms 2026](#) which help to explain the current situation. Patients who wish to submit their feedback can do so on [submit their feedback](#)

Don't forget there is plenty more advice on Pinfold Medical Practice's website which can be found on [www.pinfoldmedical.co.uk](http://www.pinfoldmedical.co.uk)

Other helpful links are:

<https://www.pinfoldmedical.co.uk/local-support-services>

<https://www.england.nhs.uk>

<https://nhs.uk/live-well>

<https://www.who.int>

<https://www.gov.uk>

Little-Orange-Book.pdf via [www.newcastle.gov.uk](http://www.newcastle.gov.uk)

For patients who are not online please telephone the practice on 01388 718230.

Take care & stay healthy,

Bernadette

PPG Chair & Teesdale Patient Representative